

Welcome to JulyYM24 Home Groups

We hope the home groups can be self-managing after the first day. Below are some suggestions.

Possible format for the 45 mins

Few minutes: Settling in, greeting one another

Opening worship with Acknowledgement of Country

5-10 mins: *A 'going around the group' activity such as checking-in or a brief ice-breaker

About 20 mins: *B time for sharing Worship sharing or reflection and discussion

Last few mins: Closing worship and farewells (may include plans for next day)

Ideas for what to do

Ways for 'going around the group' on Zoom

Directed turns

Friends may stay muted until called upon to speak by a group leader. They then unmute to take their turn to contribute and mute themselves again after speaking. The group may agree on a method for indicating a wish to speak, such as using the electronic 'raise hand' function. *This method will be used in formal business sessions.*

Natural conversation style

The group unmutes to create the natural sounds of being together in a room (gasps, laughter) and takes care to look out for non-verbal signals in each other to get a sense of who wishes to speak. If two speak at once, that's OK: they then sort out who goes first.

Group members' invitations

One person starts, then after making their contribution calls on someone else to go next, who after their turn calls on someone who hasn't yet spoken and so on until all have had a turn.

Numbered turns

At the start each person chooses a (different) number between 1 and 6 (or 7 or however many are in the group), then turns are taken in sequence.

Or a method of your own choosing!

* A: Sample <u>quick</u> checking-in or ice-breaker questions

"What's on top (what's going on for you)?" "What made you smile recently?" "What did you see on your way to this session?" "What is one of life's simple pleasures?" *Make up your own. Choose ONE a day.*

* **B:** Sample worship sharing or reflection and discussion activities

A theme a day

Take daily turns to choose and start a conversation or sharing on a theme. 'conflict in times of change' (Friendly School theme) 'worship' 'creativity' 'leadings and concerns' 'community'... Your imagination is the limit!

Start a conversation based on your group's name

"What comes to mind when you hear the name of your Home Group?" Here is the list of all the Home Group names this year:

Eremophila Sundew Corymbia Hakea Dianella Quandong Karkalla Lomandra Pepperberry Callistemon Budyari Teatree Indigo Correa Casuarina Banksia Telopea Grevillea Melaleuca Kunzea Acacia Birdak Blandfordia Hovea

Other topics to choose... Or make up your own!

"What is your favourite place in Nature?" "What does Nature give you? What can you give Nature?"

"What stories do you know about the First Nations people from the lands, waters and sky where you live?"

"What act of kindness will you always remember?"

"How did you first come across Quakers?" "Why are you a Quaker?"

"What Friends (past or present) have inspired you?"

"What stirred something in you at a Yearly Meeting session since we last met?"

"What is your hope for our Quaker community?" "For the world?"

"What excites you and is calling for your attention?"

We hope you all enjoy a wonderful time with your Home Group Friends Please ask us if you have any questions

Kerstin Reimers (TRM) kerstin7reimers@gmail.com

Isaac Brady (QRM, FORM, Rainbow Friends) isaac.braady@gmail.com Or... If you're in Adelaide, please feel welcome to catch us in person.



Photos by Kerstin